Bio for Ryan Sallans, Speaker and Author of Second Son and Transforming Manhood

Personally, Ryan Sallans likes to describe himself as a small-town Nebraskan, that feels like an old Irishman, who likes to drink finely crafted beer and scotch, eat delicious organic and sustainable food, and backpack the world with his life partner and wife, named Megs. Ryan’s greatest gift and biggest passion is storytelling. As a writer and lecturer, Ryan uses his stories to help show people what life looks like when it is guided by love and confidence in self.

Professionally, Ryan is described as a speaker and author who works in the fields of inclusion, diversity and healthcare. Ryan writes and speaks about abuse, trauma, recovery, and resilience through the lens of eating disorder recovery and human sexuality.

Since college, Ryan has dedicated his life’s work to understanding human sexuality through behaviors and emotions. He presently works with universities, healthcare agencies, corporations, federal agencies and communities. His teachings are based on personal narrative storytelling, interwoven with theory and science, to educate about the bio-psycho-social model.

Ryan is currently working on his third book, but has published two other personal narratives, Second Son: Transitioning Toward My Destiny, Love and Life (Scout Publishing, 2012) and Transforming Manhood: A trans man’s quest to build bridges and knock down walls (Scout Publishing, 2019). For his academic training, he graduated from the University of Nebraska-Lincoln where he received a Bachelor of Arts in cultural anthropology and English, a Master of Arts in English (focused on creative writing), and a Master of Arts in Educational Psychology (specializing in human health behavior).

Today, through Ryan’s body of texts and teachings, he is utilized across the nation, and in some parts of the world, as an expert in the field of human sexuality through the lens of gender. His personal experiences in life, combined with his professional training, now assists people and communities in healing themselves and their relationships on this planet.

Ryan’s website is currently undergoing some major construction, but his old website is up for now. So, if you’d like to learn more, feel free to him at visit: RyanSallans.Com