



# RYAN K. SALLANS, MA

Author | Speaker @ RYANSALLANS.COM

## PROFESSIONAL WORK EXPERIENCE

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- 2013/present** CEO/President of Ryan Sallans, Inc. and Scout Publishing, LLC. | International Speaker and consultant for higher education, healthcare agencies, workplace environments, and corporations seeking to provide or enhance services for LGBTQ clients, students and employees. E-learning script writer and consultant. Publisher and author of the books *Second Son: Transitioning Toward My Destiny, Love and Life* and *Transforming Manhood: A trans man's quest to build bridges and knock down walls.*
- 2006/2013** Public Speaker and Author as Ryan Sallans, Sole Proprietor | National National public speaker and trainer for higher education and healthcare agencies.
- 2005/2011** Planned Parenthood of the Heartland | Lincoln, NE Health Educator and Internal Communications Implemented programming and training for professionals and healthcare providers focused on LGBT healthcare with an emphasis on transgender patients. Support group facilitator. Writer for communications department. National transgender workforce task group member.
- 2009/2010** Southeast Community College | Lincoln, NE Adjunct Faculty Taught and facilitated HMRS: Group Theory and Process within the Human Services Department.

## EDUCATION

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- 2005** Master of Arts – Educational Psychology – University of Nebraska-Lincoln Area of Concentration: Human Health Behavior
- 2004** Master of Arts – English – University of Nebraska-Lincoln Area of Concentration: Creative Writing | Thesis: *Moments of Change*
- 2001** Bachelor of Arts – Anthropology and English – University of Nebraska-Lincoln Areas of Concentration: Cultural Anthropology and Creative Writing | Sigma Tau Delta



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## PROFESSIONAL TRAININGS

- (2020, February). *Gender Transition in the Workplace: A guide for coworkers*. On behalf of the **Cigna's Employee Assistance Program**. Lincoln, NE.
- (2020, February). *Supporting LGBTQ People in Assisted Living*. **Aurora Memorial Hospital**. Aurora, NE.
- (2020, January). *Gender Transition in the Workplace: Managers' Guide*. On behalf of the **Cigna's Employee Assistance Program**. Lincoln, NE.
- (2020, January). *Serving Transgender and Nonbinary Patients in Healthcare*. Presentation and webinar. **Planned Parenthood of the North Central States**. Omaha, NE.
- (2019, October). *Beyond Policy: Improving LGBTQ Inclusion in the Workplace*. **Disability Management Employer Coalition (DMEC)**. National Webinar.
- (2019, October). *Increasing Cultural Fluency with Transgender Patients*. Hospital staff cultural competency training and consultation. **Froedtert & the Medical College of Wisconsin**. Milwaukee, WI.
- (2019, June). *Creating an Affirming Healthcare Environment for LGBTQ Patients*. Direct-Care Staff Training. **CenterPointe**. Omaha, NE.
- (2019, May). *Supporting Transgender Employees*. All-staff training. **MedPOINT Management**. Woodland Hills, CA.
- (2019, May). *Serving LGBTQ Patients*. Clinical Staff Training. **CenterPointe**. Omaha, NE.
- (2019, April). *Supporting Transgender Employees and Clients*. Webinar for PRIDE Affinity. **Quest Diagnostics**. National.
- (2019, April). *Respecting Transgender Co-Workers and Patrons*. All-Staff Training. **Omaha Public Libraries**. Omaha, NE.
- (2018, October). *Caring for Transgender, GNC and LGB Patients*. **Schoolcraft Memorial Hospital**. Manistique, MI.
- (2018, October). *Improving Trans Inclusivity on Campus*. **Mississippi State University**. Starkville, MS.
- (2018, October). *Improving Trans Inclusivity in Health Centers*. **University of Arkansas Pat Walker Health Center**. Fayetteville, AR.
- (2018, October). *Caring for Transgender, GNC and LGB Patients*. **California Pacific Medical Center, Sutter Bay Hospitals**. San Francisco, CA.
- (2018, October). *Supporting Transgender Employees and Clients*. **Guardian Life Insurance**. New York, NY.
- (2018, August). *Caring for Transgender, GNC and LGB Patients*. Hospital staff cultural competency training and consultation. **Froedtert & the Medical College of Wisconsin**. Milwaukee, WI.
- (2018, June). *Finding Similarities Through Our Differences*. Special Emphasis Program for LGBTQ Pride Month. **Southwestern Power Administration**. Tulsa, OK.
- (2018, June). *Finding Similarities Through Our Differences*. Special Emphasis Program for LGBTQ Pride Month. **National Credit Union Administration**. Alexandria, VA.
- (2018, April). *Lessons from a Transgender Patient*. Health Care Risk Management Summit. **Physicians Insurance**. Seattle, WA



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- (2018, April). *Providing Effective, Inclusive and Affirming Treatment and Care of LGBTQ Individuals*. All-day training for an annual conference for mental health providers. **Child Guidance Center**. Lincoln, NE.
- (2018, March). *Improving Trans-Inclusivity on College Campuses*. Professional staff development training at **Seminole State College**. Sanford, FL.
- (2018, March). *Supporting LGBTQ Service Members* Victim Advocates Refresher Training. **Nebraska National Guard**. Kearney, NE.
- (2018, February). *Improving Trans-Inclusivity on University Campuses*. Professional staff development training at the **University of Wisconsin-Whitewater**. Whitewater, WI.
- (2018, February). *Lessons from a Transgender Patient*. Professional medical and mental health care training hosted by the **University of Wisconsin-Whitewater**. Whitewater, WI.
- (2017, November). *Recognizing Gender Identity: Affirming Transgender Youth*. All-staff development training for elementary and middle school staff. **Decorah Community School District**. Decorah, IA.
- (2017, November). *Serving Transgender Patients*. Clinical staff development training for residential treatment center staff. **Elevations RTC**. Syracuse, UT.
- (2017, November). *Creating Inclusive Environments for Transgender Youth*. All-staff development training for residential treatment center staff. **Elevations RTC**. Syracuse, UT.
- (2017, October). *Supporting LGBTQ and Nonbinary Employees and Students*. All-staff development training for **Nebraska School Education Association**. Lincoln, NE.
- (2017, October). *Supporting Transgender Youth*. All-Staff Development training **Owens Center**. Lincoln, NE.
- (2017, October). *Transgender Healthcare: Eliminating Inequalities*. Diversity forum guest speaker at **Morehead State University**. Morehead, KY.
- (2017, August). *LGBTQ Identity and Recovery*. Webinar for **Eating Recovery Center**. Webinar.
- (2017, August). *Creating an Inclusive Environment for Transgender Employees*. Half-day seminar for federal employees and agencies on supporting transgender employees. **32<sup>nd</sup> Annual Federal Dispute Resolution Training**. San Francisco, CA.
- (2017, July). *Understanding LGBT Identities: Supporting LGBT Military Personnel and Community*. Diversity and inclusion training for EEO and SHARP workforce sustainability training. **Cyber Center of Excellence & Fort Gordon**. August, GA.
- (2017, June). *Serving Transgender Patients*. Diversity and inclusion training for residential treatment centers. **Bryan Independence Center**. Lincoln, NE.
- (2017, June). *Creating Inclusive Environments for LGBTQ Employees*. LGBTQ Pride Month diversity and inclusion all-staff training. **United States Department of Energy**. Washington, D.C.
- (2017, June). *Exploration of Transgender Identities*. LGBTQ Pride Month diversity and inclusion all-staff training. **United States Army Corp of Engineers**. Omaha, NE.
- (2017, June). *Understanding Family Systems and LGBTQ Identities*. LGBTQ Pride Month diversity and inclusion all-staff training. **Standard Chartered Bank**. New York, NY and Newark, NJ.



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- (2017, June). *Trans Talent Landscape*. LGBTQ Pride Month diversity and inclusion panel. **Goldman Sachs and Out Leadership**. New York, NY.
- (2017, May). *Transgender Employees and the Workplace*. Diversity and inclusion week program for all-staff. **Level 3 Communications**. Broomfield, CO.
- (2017, May). *Journey through a Health Center: Creating Inclusive Environments*. Half-day training for health care staff and providers sponsored by the **Adolescent Health Project**. Omaha, NE.
- (2017, April). *Creating Inclusive Environments for LGBTQ Youth*. Half-day training for wilderness therapy and youth residential treatment centers **Gender Education and Demystification Symposium**. Atlanta, GA.
- (2017, January). *The Danish Girl: A Film and Psychoanalytic Salon*. Guest Lecturer. **Arizona Society for Psychoanalytic Psychology**. Scottsdale, AZ.
- (2016, December). *Creating Safe and Supportive Environments for Transgender Patrons and Co-Workers*. All-staff diversity training. **Skokie Park District**. Skokie, IL.
- (2016, November). *Transgender Health and Healthcare: Eliminating Inequalities. FTM: Scouting the Unknown*. Healthcare professional training sponsored by **PFLAG-Springfield Chapter**. Springfield, MO.
- (2016, October). *Serving LGBTQ Patients: Understanding Health Disparities and Building Inclusive Environments*. All-Staff diversity training. **Planned Parenthood of Nassau County**. Roslyn, NY.
- (2016, August). *Transgender Healthcare and Health Disparities*. Trainer for voluntary state-wide all-staff training sponsored by Equal Blue. **Blue Cross Blue Shield of Michigan**. Detroit, MI.
- (2016, July). *Transgender Employees and the Workplace*. Guest speaker for Human Resource Leaders. **Berkshire Hathaway** Human Resources Leadership Summit. Omaha, NE.
- (2016, June). *Transgender Identity and the Workplace*. Special guest speaker for LGBTQ Pride Month Event sponsored by LGBT and Allies Network. **Standard Chartered Bank**. Newark, NJ and New York, NY.
- (2016, June). *Transgender Employees and the Workplace*. Presenter for global webinar for LGBTQ Pride Month sponsored by EQUAL!. **Nokia**. Global.
- (2016, May). *LGBT Employees and the Workplace: Creating Inclusive Environments*. Diversity trainer for voluntary all-staff training sponsored by Health and Wellness Department. **Mutual of Omaha**. Omaha, NE.
- (2016, March). *Serving Transgender Clients in Healthcare*. Diversity trainer for All-Staff development training. **Charles Drew Health Center**. Omaha, NE.
- (2016, March). *Transgender Employees and the Workplace*. Diversity trainer for two-part training for managers and employees. **Nebraska Furniture Mart**. Omaha, NE.
- (2016, February). *Importance of Language: Serving the LGBTQ Community*. President's Day all-staff training. **Heartland Family Services**. Omaha, NE.
- (2015, July – December). *Importance of Language: Serving LGBTQ Communities. Working with LGBTQ Youth. Working with LGBTQ Adults. A Transition Story*. National four-part webinar series for healthcare professional. **Affiliate Risks Management Services, Inc.** National.



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- (2015, December). *Transgender Employees and the Workplace*. Two-part training for managers and employees. **Heartland Payment Systems**. Santa Ana, CA.
- (2015, November). *Transgender Employees and the Workplace*. Professional online training for HR employees sponsored by EQUAL! **Alcatel-Lucent**. Global.
- (2015, September). *Transgender Employees and the Workplace*. Training for managers and employees. **Heartland Payment Systems**. Plano, TX.
- (2015, July). *Serving LGBTQ Clients*. Mental health staff training. **Heartland Family Services**. Omaha, NE.
- (2015, June). *Caring for LGBTQ Clients*. Addiction and substance use treatment center staff. **Bridges**. Hasting, NE.
- (2015, June). *Hormone Therapy for Transgender Patients*. Training for pharmacy staff and interns. **Walgreens Specialty Pharmacy**. Omaha, NE.
- (2015, February) *Workplace Transition: Respecting Transgender Employees*. Diversity training for employees and managers. **Heartland Payment Systems**. Tempe, AZ.
- (2014, October). *Working with Transgender Clients*. Professional training for mental health and addictions professionals. **CenterPointe**, Region V. Lincoln, NE.
- (2014, September). *Working with LGBTQ Youth*. Professional trainer. **Healthy Youth Nebraska**. Grand Island, NE.
- (2014, May). *Transgender Workplace Inclusion*. Corporate Trainer for staff and executives. **Union Pacific**. Omaha, NE.
- (2014, May). *Working with Transgender Clients*. Professional trainer for staff development. **Community Alliance Nebraska Mental Health Conference**. Omaha, NE.
- (2014, May). *Sexual Orientation and Gender Identity*. Diversity training for all-staff. **Roosevelt High School**. Des Moines.
- (2014, April). *Serving Transgender Clients in Healthcare*. Professional trainer for healthcare professionals. **Maternal-Child & Women’s Health Nurse Training**. Omaha, NE.
- (2014, April). *Eating Disorders in the LGBTQ Community*. Webinar Guest Panelist. **National Eating Disorders Association**. National.
- (2013, October). *Building a LGBTQ Inclusive and Culturally Competent Campus*. Pre-conference trainer. **Missouri College Personnel Association**. Osage Beach, MO.
- (2013, August). *Gender Identity Development and Expression in Teens*. Pre-service all-staff diversity training. **Millard North High School**. Omaha, NE.
- (2013, May). *Gender Identity Development in Children*. Teacher in-service training. **Westbrook Elementary School**. Omaha, NE.
- (2013, April). *Serving Transgender Clients in Healthcare*. Professional training for administrative staff. **University of Nebraska Medical Center**. Omaha, NE.



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- (2013, April). *Serving Transgender Clients in Healthcare*. Presenter for Grand Rounds. **University of Nebraska Medical Center**. Omaha, NE.
- (2013, February). *Gender Identity, Sexuality and Eating Disorders*. Online webinar guest panelist. **National Eating Disorders Association (NEDA)**. National.
- (2012, August). *Gender Diversity in the Classroom*. All-staff in-service training. **Westside Middle School**. Omaha, NE.
- (2012, August). *Gender Diversity in the Classroom*. All-staff in-service training. **Millard North Middle School**. Omaha, NE – 2012
- (2011, August). *Working with LGBTQ Youth*. Professional training for Education and Resource Center Staff. *FTM: Scouting the Unknown*. Professional training for All-Staff In-Service. **Planned Parenthood of the Rocky Mountains**. Denver, CO.
- (2011, June). *Working with LGBTQ Clients: Exploring Identity, Abuse and Treatment*. Professional training for Drug & Alcohol Counselors (LDAC). **BryanLGH Independence Center**. Lincoln, NE.
- (2011, May). *Exploring Gender Identity and Expression*. Professional training for School Counselors. **Lincoln Public School System**. Lincoln, NE.
- (2011, May). *Bullying and Language in the School System*. Professional training for Equity Team. **Lincoln Public School System**. Lincoln, NE.
- (2011, May). *Workplace Transition*. Diversity training for all-staff. Anonymous Company. Omaha, NE.
- (2010, December). *Gender Roles: Westernized Society Influence on Learning and Love*. Professional community training. **Planned Parenthood of the Heartland**. Lincoln, NE.
- (2010, August). *Working with Transgender Clients*. Professional training for Executive Directors. **Nebraska Domestic Violence Sexual Assault Coalition**. Lincoln, NE.
- (2010, July). *Sexuality and Body Image*. Professional community training. **Planned Parenthood of the Heartland**. Lincoln, NE.
- (2009, May). *Serving LGBT Clients in Your Healthcare Setting & Providing Healthcare for Transgender Clients*. Co-presenter for All-Day Medical Staff Training. **Planned Parenthood of the Heartland**. Lincoln, NE.
- (2007, April). *Providing Services to Transgender People*. Co-presenter. **Planned Parenthood Federation of America** Audio Conference. National.

## KEYNOTE AND FEATURED SPEAKER

- (2019, November). *Scouting the Unknown*. **2019 North Dakota Behavioral Health Conference**. Bismarck, ND.
- (2019, October). *Lessons from a Transgender Patient*. Annual Conference. **North Dakota Medical Group Management Association**. Bismarck, ND.
- (2019, August). *Building Allyship: Moving from the Head to the Heart*. Annual Pride Conference. **KPMG**. Boston, MA.



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- (2019, June). *Finding Similarities through our Differences*. LGBTQ Pride Month Special Programs Event. **Nebraska Service Center**. Lincoln, NE.
- (2019, June). *Below the Surface: Eating Disorders and Recovery*. **3<sup>rd</sup> Annual Adolescent Health Regional Conference**. Kansas City, MO.
- (2019, June). *Scouting the Unknown*. Unity in Diversity: Working Together to Achieve Success. **Nebraska Paralegal Association and Omaha Bar Association**. Omaha, NE.
- (2019, June). *Scouting the Unknown*. **Southern Illinois 2<sup>nd</sup> Annual Pride Event**. Carbondale, IL.
- (2019, January). *Understanding Gender Identity: Affirming Transgender Youth*. **Southwest School Nurses Conference**. El Paso, TX.
- (2018, November). *Lessons from a Transgender Patient*. Resurgens Annual Symposium, **Resurgens Orthopaedics**. Atlanta, GA.
- (2018, November). *Scouting the Unknown*. Great Plains Conference, **University of North Dakota**. Grand Forks, ND.
- (2018, October). *Scouting the Unknown*. HRM Annual Conference. **University of Alabama**. Birmingham, AL.
- (2018, October). *Finding Similarities through Our Differences*. GABLE NA Annual Conference. **Procter & Gamble**. Cincinnati, OH.
- (2018, April). *Conversation with Ryan Sallans: Exploration of transgender identity and relationships*. 2018 Lowell Lecture Series. **Boston Public Library**. Boston, MA.
- (2018, February). *Lessons from a Transgender Patient*. Keynote speaker for youth residential treatment staff at the 3<sup>rd</sup> Annual **Gender Education Demystification Symposium (GEMS)**. Salt Lake City, UT.
- (2017, November). *Working Toward Trans Equality*. Guest speaker for Transgender Day of Remembrance (TDOR) event sponsored by the **Transgender Community Coalition**. Palm Springs, CA.
- (2017, October). *FTM: Scouting the Unknown*. Keynote speaker for the **Critical Issues Facing Children & Adolescents Post-Conference Symposium**. Salt Lake City, UT.
- (2017, October). *Lessons from a Transgender Patient*. Opening keynote speaker for the 3<sup>rd</sup> **GenderWorks: Advancing Transgender Care in the Heartland** Conference. Omaha, NE.
- (2017, October). *Scouting the Unknown*. Keynote speaker for **Morehead Pride Festival**. Morehead, KY.
- (2017, August). *Why We Need LGBTQ Inclusion in the Workplace*. Opening plenary keynote. **32<sup>nd</sup> Annual Federal Dispute Resolution Training**. San Francisco, CA.
- (2017, June). *Scouting the Unknown*. Keynote speaker for LGBTQ Pride Month celebration. **United States Department of Energy**. Washington, D.C.
- (2017, April). *The Changing Workplace Landscape: Transgender Employees*. Keynote speaker for 19<sup>th</sup> Annual Workforce Management Conference. **Harvard University**. Cambridge, MA.
- (2017, April). *FTM: Scouting the Unknown*. Human Rights Conference hosted by **Southwestern Center for Independent Living**. Marshall, MN.



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- (2017, March). *Beyond the Surface: Eating Disorders and Transgender Identities*. **Gender Education and Demystification Symposium**. Atlanta, GA.
- (2017, March). *Creating Equitable and Affirming School Environments for LGBTQ Youth*. Strengthening Community through Health Education Annual Conference, **School Community Intervention and Prevention**. Lincoln, NE.
- (2017, February). *Transgender Inclusion: Innovating Gender in the Workplace*. Spotlight Speaker for Inclusion & Innovation Leadership Summit. **Inclusion**. San Jose, CA.
- (2016, October). *FTM: Scouting the Unknown* and *LGBT Inclusion: Exploring Identity, Self and Relationships*. Keynote Speaker and Workshop Facilitator for 2016 Diversity Summit. **Express Scripts**. St. Louis, MO.
- (2016, November). *Stepping Toward a Trans-Inclusive Campus*. Keynote Speaker. **Northern New England CUPA-HR** Conference. North Conway, NH.
- (2016, June). *Serving LGBTQ Youth*. Featured speaker. **Nebraska School Nurses Association** Annual Conference. Kearney, NE.
- (2016, March). *Transgender Employees and the Workplace*. Keynote speaker for Transgender Day of Visibility sponsored by LGBT Employee Resource Group. **KPMG, LLP**. New York, NY.
- (2016, March). *Transgender Healthcare: Eliminating Inequalities*. Keynote Speaker. *Changing Landscape of Transgender Healthcare*. Workshop presenter for medical providers and students. **Des Moines University** LGBTQ Healthcare Conference. Des Moines, IA.
- (2016, January). *FTM: Scouting the Unknown*. Keynote speaker for wilderness therapy residential treatment center staff. **Gender Education and Demystification Symposium**. Asheville, NC.
- (2015, June). *Pride in You and Us*. Keynote speaker and special guest. **New Orleans Pride**. New Orleans, LA.
- (2015, April). *Social & Medical Transition Options*. Featured speaker for Iowa high school students and teachers. **10th Annual Governor's Conference on LGBTQ Youth**. Des Moines, IA.
- (2015, March). *Caring for Transgender Patients*. Featured speaker. **American Psychiatric Nurses Association (APNA) Nebraska Chapter** Annual Conference. Omaha, NE.
- (2015, March). *FTM: Scouting the Unknown*. Keynote speaker. *Transgender Issues: From barriers to progress in society*. Workshop presenter. 2nd Annual **Gay, Lesbian, Straight Education Network (GLSEN)** Omaha GSA Conference, Bellevue, NE - 2015
- (2015, February) *Working with Transgender Clients Part 1 and Part 2*. Featured speaker for addiction and trauma specialist. 10th Annual **International Institute for Trauma and Addiction (IITAP)** Symposium. Phoenix, AZ.
- (2015, January). *FTM: Scouting the Unknown*. Keynote speaker for All-School Assembly. **The Madeira School**. McLean, VA.
- (2014, November). *Exploration of the Old and New Frontiers in Transgender Medicine, Identities and Care*. Pre-conference featured speaker. **Society for the Scientific Study of Sexuality** Annual Meeting. Omaha, NE.
- (2014, October). *An Evening with Ryan Sallans*. Invited guest and featured speaker for transgender people and allies in Mexico. **US Embassy**. Mexico City, MX.



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- (2014, October). *FTM: Scouting the Unknown*. Keynote speaker. Northern Plains **PFLAG** Regional Conference. Sioux Falls, SD.
- (2014, August). *Road to Expert*. Co-presenter. **Gender Odyssey** Professional Seminar. Seattle, WA.
- (2014, May). *Affirming Identity in Nebraska*. Keynote speaker. **Queer Youth Nebraska Network** – Corn This Way Conference. Omaha, NE.
- (2013, October). *Journey of Transformation*. Keynote speaker. *Stepping Toward a Trans Inclusive Campus*. Workshop presenter. *LGBTQ Students and Campus Inclusion*. Facilitator. **Missouri College Personnel Association (MOCPA)**. Osage Beach, MO.
- (2013, August). *The ‘T’ Within the LGBT Community*. Keynote speaker. *Road to Specialist*. Co-presenter. **Gender Odyssey** Professional Seminar. Seattle, WA.
- (2013, May). *Conversations w/ Dana Beyer & Ryan Sallans*. Featured Panelist for National Transgender Panel. **Equality Forum**. Philadelphia, PA.
- (2013, April). *Social and Medical Transitions & Transforming Identities*. Featured Speaker. 8th Annual **Governor’s Conference for LGBTQ Youth**. Des Moines, IA.
- (2013, January). *Body Transformation: Finding Peace with Change and Genetics & Metoidioplasty: Making the Decision and Sharing the Outcome*. Featured Speaker. **First Event** Transgender Conference. Peabody, MA.
- (2012, November). *Forming Identities. Stepping Toward a Trans-Inclusive Campus. Scouting the Unknown: Across Genders’ Borders*. Keynote Speaker. **Midwest Association of College and University Residence Halls (MACURH)** Annual Conference. Kearney, NE.
- (2012, August). *Societal Influence on the Health of LGBTQ Youth. Working with LGB Youth in Your Setting. Understanding Differences: Transgender, Gender Variant, or Gender Nonconforming. Scouting the Unknown: Ryan’s Transition Story*. Keynote Speaker and All-Day Training. **Metropolitan Children Advocacy Coalition** Annual Conference. Omaha, NE.
- (2012, June). *FTM: Scouting the Unknown*. Keynote Speaker. *Sioux City Pride*. Sioux City, IA.
- (2011, June). *How Does the Mind Hold Memories of the Self, When Memories of the Body Self Have Changed? A Narrative on FTM Transgender*. Featured Speaker. **Arizona Psychoanalytic Society (APS)** Salon. Scottsdale, AZ.
- (2011, April). *Diversity Among LGBTQ Youth: Needs and Trends*. Featured Speaker for the 3rd Annual Child Welfare Conference. **University of Nebraska-Kearney**. Kearney, NE.
- (2008, April). *A Traveling Journey*. Keynote Speaker. 10th Annual **Colorado Goldrush** Conference. Denver, CO.
- (2007, April). *Monkeys and the Barrel: Exploring Multiple Identities*. Keynote Speaker. **Nebraska GLBT College Conference**. Lincoln, NE.



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## CONFERENCE PRESENTATIONS

- (2019, November). *Minority Stress and LGBTQ Identities*. **2019 North Dakota Behavioral Health Conference**. Bismarck, ND.
- (2019, October). *Minority Stress and LGBTQ Identities*. **Behavioral Health & Justice: Building a Comprehensive Community Response Conference**. La Vista, NE.
- (2019, October). *Serving Transgender Patients: Lessons for Healthcare Professionals*. **North Dakota Medical Group Management Association**. Bismarck, ND.
- (2019, September). *21<sup>st</sup> Century Workforce: Meeting the Needs of a Diverse and Modern Workforce*. **LIMRA Workplace Benefits Conference**. Newport, RI.
- (2019, August). *Creating an LGBTQ+ Workplace: Going Beyond Policies*. **2019 DMEC Annual Conference**. Washington D.C.
- (2019, June). *Social and Medical Transition Options for Transgender Youth*. **3<sup>rd</sup> Annual Adolescent Health Regional Conference**. Kansas City, MO.
- (2019, April). *Fostering Affirmative Care for LGBTQ+ Youth in Child Welfare: A Cross-Systems Approach*. **Speaking of Children Conference**. Omaha, NE.
- (2018, September). *All of Us: How Empowerment and Equity for Women Can Help All Genders*. **National Recreation and Parks Association Annual Conference**. Indianapolis, IN.
- (2018, April). *Lessons from a Transgender Patient*. Stanford MedicineX ED Conference. **Stanford University**. Palo Alto, CA.
- (2017, September). *Recognizing Gender Identity. Affirming Transgender Youth*. Break-out session. **Healthy Youth Nebraska Conference**. Kearney, NE.
- (2016, November). *Exploring Identity through Recovery: The Power of Our Voices When We Have Been Marginalized*. Guest Speaker. **26<sup>th</sup> Annual Renfrew Center for Foundation Conference**. Philadelphia, PA.
- (2016, March). *Serving Transgender Students in Healthcare*. Professional trainer for regional University Health and Wellness Staff. **Central College Health Conference**. Maryville, MO.
- (2016, March). *Importance of Language: Serving LGBTQ Communities. Promoting Resiliency Among Transgender Youth*. Workshop presenter. **American Foundation for Suicide Prevention Conference**. La Vista, NE.
- (2016, February). *Caring for Transgender Patients*. Workshop presenter to psychiatric nurse staff. **American Psychiatric Nurses Association-Nebraska Chapter Annual Conference**. La Vista, NE.
- (2014, October). *Accepting Our Trans Bodies*. Presenter. **International Lesbian and Gay Association (ILGA) Conference**. Mexico City, MX.
- (2014, September). *Gender Identity Development – Children. Working with Transgender Adolescents*. Co-presenter. **Nebraska Chapter of Social Worker’s (NASW) Conference**. Omaha, NE.
- (2014, August). *My Metoidioplasty. Advocating for Your Health. Organizing and Leadership*. Presenter and Facilitator. **Gender Odyssey Conference**. Seattle, WA.
- (2014, April). *Trans Inclusive with the LGB*. Workshop presenter. **PFLAG Regional Conference**. Omaha, NE.



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- (2013, October). *Transcending Behavior*. Co-presenter. *Round Table: Sexuality and Gender*. Facilitator. **National Eating Disorder Association (NEDA) Annual Conference**. Washington D.C.
- (2013, September) *Maintaining A Relationship After a Transition*. Co-presenter. **Nebraska Chapter of Social Worker's Conference**. Omaha, NE.
- (2013, August). *Metoidioplasty. Transman in Hiding: An Eating Disorder Tale*. Workshop presenter. **Gender Odyssey**. Seattle, WA.
- (2012, October). *What About Me? Stories of Recovery from High-Risk and Underserved Populations*. Guest panelist. **National Eating Disorders Association (NEDA) Annual Conference**. St. Petersburg, FL.
- (2012, September). *Second Son: Transitioning Toward My Destiny, Love and Life*. Presenter. **Southern Comfort Conference**. Atlanta, GA.
- (2012, July). *Queering the Line*. Presenter. **Queering Psychotherapy Conference** for Mental Health Providers. Omaha, NE.
- (2012, May). *Medical Aspects of Transitioning*. Co-presenter and conference planning committee. **Professional Transgender Resource Network (PTRN) Conference**. Omaha, NE.
- (2011, October). *Starving, Scaring and Suffering: Eating Disorders and the Transgender Community*. Co-presenter. **World Professional Association for Transgender Health (WPATH), Biennial Symposium**. Atlanta, GA.
- (2011, August). *My Metoidioplasty*. Presenter. **Gender Odyssey 10th Annual Conference**. Seattle, WA.
- (2010, May). *Taking Charge of Your Health: Advocating for a Healthier You*. Presenter. **Citizens for Equal Protections Conference**. Lincoln, NE.
- (2010, June). *Providing Hormone Therapy in Your Clinic*. Co-presenter. **Philadelphia 9th Annual Trans-Health Conference**. Philadelphia, PA.
- (2009, September). *Understanding the Differences: Gender Identity and Gender Expression*. Presenter. **FutureNET Family Planning Conference**. Des Moines, IA.
- (2009, June). *Transitioning: An FTM Journey*. Presenter. **Philadelphia 8th Annual Trans-Health Conference**. Philadelphia, PA.
- (2009, April). *What the Health? A Look at Transgender Health*. Co-presenter. **Iowa Annual LGBT Youth Conference**. Des Moines, IA.
- (2008, September). *Working with Transgender Clients: 102*. Presenter. **Nebraska Chapter of Social Worker's Conference**. Omaha, NE.
- (2008, July). *Providing Hormone Therapy in your Medical Setting*. Co-presenter. **Drawing Water from a Deeper Well**. Indianapolis, IN.
- (2008, June). *Body Talk and Eating Disorders among LGBTQ Youth and Young Adults*. Presenter. **6th Annual HIV/AIDS & STD Conference**. Kansas City, MO.
- (2007, September). *Body Talk & Eating Disorders: Influences Surrounding GLBTQ Youth*. Presenter. **FutureNET Family Planning Conference**. Ames, IA.



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- (2007, September). *Working with Transgender Clients: 101*. Presenter. **Nebraska Chapter of Social Worker's Conference**. Omaha, NE.
- (2007, August). *The Way We See It: Body Image and Transmen*. Presenter. **Gender Odyssey Conference**. Seattle, WA.
- (2007, October). *Reflection in the Mirror? Body Image and Eating Disorders Within the Trans Community*. Presenter. **Forge Forward Conference**. Milwaukee, WI.
- (2006, February). *Moving Health Care Systems to Trans-Friendly*. Co-presenter. **National Gay and Lesbian Task Force (NGLTF) Creating Change Conference**. Kansas City, MO.
- (2006, May). *Reflection in the Mirror: Eating Disorders & Body Image in the LGBT Community*. Presenter. **PFLAG Better Living Conference**. Lincoln, NE.

## COLLEGE AND UNIVERSITY TOUR

- (2020, March). *Scouting the Unknown: To Find Me*. **Evergreen Valley College**. San Jose, CA.
- (2020, March). *Scouting the Unknown: To Find Me*. **San Jose City College**. San Jose, CA.
- (2019, October). *Scouting the Unknown*. **Waukesha County Technical College**. Pewaukee, WI.
- (2019, October). *Scouting the Unknown and Honor Your Truths*. **Texas State University**. San Marcos, TX.
- (2019, April). *How A Degree from UNL is Transformative*. Keynote Speaker for Lavender Graduation at the **University of Nebraska-Lincoln**. Lincoln, NE.
- (2019, April). *Improving Trans Inclusivity on Campus and Scouting the Unknown*. **Montana State University**. Bozeman, MT.
- (2019, March). *Scouting the Unknown*. Wellness Lecture Series at the **University of Delaware**. Newark, DE.
- (2019, February). *Improving Trans Inclusivity on Campus and Becoming Ryan: Eating Disorder and Recovery*. **College of William and Mary**. Williamsburg, VA.
- (2018, November). *Scouting the Unknown*. **Eureka College**. Eureka, IL.
- (2018, October). *Scouting the Unknown*. **Siena College**. Loudonville, NY.
- (2018, October). *Scouting the Unknown*. **University of Arkansas**. Fayetteville, AR.
- (2018, March). *Scouting the Unknown*. Lecture series speaker. **Seminole State College**. Sanford, FL.
- (2018, March). *Scouting the Unknown*. Keynote speaker for the 4<sup>th</sup> Annual ID Summit Conference at **Tompkins Cortland Community College**. Dryden, NY.
- (2018, March). *Scouting the Unknown*. Campus speaker for **San Diego State University**. San Diego, CA.
- (2018, February). *Becoming Ryan: Eating Disorder Recovery and Transition*. Campus speaker for **Towson University**. Towson, MD.
- (2018, February). *Becoming Ryan: Eating Disorder Recovery and Transition*. Campus speaker for **University of Wisconsin-Whitewater**. Whitewater, WI.
- (2018, February). *Scouting the Unknown*. Campus speaker for **Ohio State University-Mansfield**. Mansfield, OH.
- (2017, November). *FTM: Scouting the Unknown*. Campus speaker for **Texas Tech University**. Lubbock, TX.



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@ryansallans



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- (2017, November). *Stepping Toward a Trans-Inclusive Campus*. Professional staff development training for **Texas Tech University**. Lubbock, TX.
- (2017, November). *FTM: Scouting the Unknown*. Campus speaker for **Luther College**. Decorah, IA.
- (2017, November). *Stepping Toward a Trans-Inclusive Campus*. Professional staff development training for **Luther College**. Decorah, IA
- (2017, November). *Lessons from a Transgender Patient*. Campus speaker for **University of Nebraska Medicine**. Omaha, NE.
- (2017, October). *Elements of Change*. Keynote speaker for the 15<sup>th</sup> Annual LGBTQA+ History Month Dinner. **University of Nebraska-Lincoln**. Lincoln, NE.
- (2017, October). *FTM: Scouting the Unknown*. Campus speaker for **Kean University**. Union, NJ.
- (2017, September). *FTM: Scouting the Unknown*. Campus speaker for **State Fair Community College**. Sedalia, MO.
- (2017, June). *Book Discussion: Second Son: Transitioning Toward My Destiny, Love and Life*. **Metropolitan Community College**. Omaha, NE.
- (2017, May). *Scouting the Unknown*. Campus speaker for **Pierce College**. Puyallup, WA.
- (2017, April). *FTM: Scouting the Unknown*. Campus speaker for **School for International Training (SIT) Graduate Institute**. Brattleboro, VT.
- (2017, February). *Lessons from a Transgender Patient*. Keynote speaker for 4<sup>th</sup> Annual Transgender Symposium. **Medical College of Wisconsin**. Milwaukee, WI.
- (2016, November). *FTM: Scouting the Unknown*. Campus-wide speaker. *Stepping Toward a Trans Inclusive Campus: Action Steps for Staff and Faculty*. Professional training for faculty and staff. *Stepping Toward a Trans Inclusive Campus: Action Steps for Students*. Guest Speaker. **Pittsburg State University**. Pittsburg, KS.
- (2016, October). *Improving Policies for a Trans Inclusive Campus and Eliminating Healthcare Disparities for Transgender Patients*. Keynote Speaker, Guest Lecturer and Consultant. **Oakland University**. Rochester, MI.
- (2016, October). *FTM: Scouting the Unknown*. Keynote Speaker for Annual Rainbow RAVE Conference. **University of Wisconsin-Platteville**. Platteville, WI.
- (2016, October). *FTM: Scouting the Unknown*. Keynote Speaker for No Hate Conference. *Stepping Toward a Trans-Inclusive Campus Through Student Voices*. Student leader presentation. **St. Cloud State University**. St. Cloud, MN.
- (2016, June). *FTM: Scouting the Unknown*. Guest Speaker. **Metropolitan Community College**. Omaha, NE.
- (2016, April). *FTM: Scouting the Unknown*. Keynote Speaker for Sex Week. **University of Tennessee**. Knoxville, TN.
- (2016, March). *FTM: Scouting the Unknown*. Campus-wide speaker. **Truman State University**. Kirksville, MO.
- (2016, March). *FTM: Scouting the Unknown*. Campus-wide speaker. **Hofstra University**. Hempstead, NY.
- (2016, March). *FTM: Scouting the Unknown*. Keynote Speaker for Success Day. **Normandale Community College**. Bloomington, MN.





- (2016, February). *Improving Policies for a Trans-Inclusive Campus*. Administrative staff training. *Sexing ED: From Eating Disorder to Recovery*. Campus-wide speaker for Eating Disorders Awareness Week (EDAW). **Wentworth Institute of Technology**. Boston, MA.
- (2016, February). *Improving Policies for a Trans-Inclusive Campus*. Administrative staff training. *Sexing ED: From Eating Disorder to Recovery*. Campus-wide speaker for Eating Disorders Awareness Week (EDAW). **James Madison University**. Harrisonburg, VA.
- (2015, October). *Stepping Toward a Trans Inclusive Campus*. All-staff training and campus-wide. *FTM: Scouting the Unknown*. Campus-wide speaker. **Pennsylvania State University – Berks**. Reading, PA.
- (2015, October). *FTM: Scouting the Unknown*. Campus-wide speaker. **Lehigh Carbon Community College**. Schnecksville, PA
- (2015, April). *Gender Crossroads: Intersectionality of You*. Keynote Speaker. *Stepping Toward Trans Inclusion Through Student Voices*. Presenter at the Gender and Communication Conference. **Western Kentucky University**, Bowling Green, KY.
- (2015, April). *Stepping Toward a Trans-Inclusive Campus*. Faculty and staff training. **University of North Florida**. Jacksonville, FL.
- (2014, October). *FTM: Scouting the Unknown*. Campus-wide speaker. **University of South Florida**. St. Petersburg, FL.
- (2014, October). *TRANSlating Identities w/ Janet Mock & Ryan Sallans*. Featured Speaker/Panelist for LGBTQIA History Month. *Stepping Toward a Trans-Inclusive Campus*. Professional trainer for campus staff. **Lehigh University**. Bethlehem, PA.
- (2014, March). *FTM: Scouting the Unknown*. Campus-wide speaker. **Virginia Tech**. Blacksburg, VA.
- (2014, February). *FTM: Scouting the Unknown*. Campus-wide speaker. **University of Oregon**. Eugene. OR.
- (2014, February). *Sexing ED: From Eating Disordered to Trans*. Keynote speaker for National Eating Disorders Awareness Week. *Stepping Toward a Trans Inclusive Campus*. Professional staff development training. **James Madison University**, Harrisonburg, VA.
- (2013, December). *FTM: Scouting the Unknown*. Campus-wide speaker. **Nebraska Wesleyan University**. Lincoln, NE.
- (2013, November). *Transman in Hiding: Eating Disorders*. Keynote speaker for Transgender Day of Remembrance (TDOR). **Towson University**. Towson, MD.
- (2013, November). *FTM: Scouting the Unknown*. Campus-wide speaker. **Roger Williams University**. Bristol, RI.
- (2013, November). *FTM: Scouting the Unknown*. Campus-wide speaker. **Alfred University**. Alfred, NY.
- (2013, April). *Exploring LGBTQ Labels, Identities, & Self. Transforming Identities*. Keynote speaker for Social Justice Symposium. **University of Missouri-Columbia**. Columbia, MO.
- (2013, April). *Serving Transgender Clients in Healthcare*. In-service training for wellness center staff. **Northwest Missouri State University**. Maryville, MO.



ryan@ryansallans.com



@ryansallans



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- (2013, April). *FTM: Scouting the Unknown*. Campus-wide speaker. **Drake University**. Des Moines, IA.
- (2013, April). *FTM: Scouting the Unknown*. Campus-wide speaker. *Stepping Toward a Trans Inclusive Campus*. Professional training for residence life and administrative staff. **University of South Dakota**. Vermillion, SD.
- (2013, March). *FTM: Scouting the Unknown*. Campus-wide speaker. **Rutgers University**. Camden, NJ.
- (2013, March). *Transgender Healthcare*. Keynote Speaker for IPEC Diversity Series. **University of New England**. Portland, ME.
- (2013, March). *FTM: Scouting the Unknown*. Campus-wide speaker. **University of New England**. Biddeford, ME.
- (2013, March). *FTM: Scouting the Unknown*. Campus-wide speaker. **Northwest Missouri State University**. Maryville, MO.
- (2013, March). *FTM: Scouting the Unknown*. Campus-wide speaker. *Exploring Transgender Mental Health, Standards of Care and the DSM*. Classroom presentation. **Truman State University**. Kirksville, MO.
- (2013, February). *Sexing Ed: From Eating Disordered to Transgender*. Keynote speaker for Eating Disorders Awareness Week (EDAW.) **University of Delaware**. Newark, DE.
- (2013, February). *FTM: Scouting the Unknown*. Campus-wide speaker. **Ursinus College**. Collegeville, PA.
- (2012, October). *FTM: Scouting the Unknown*. Campus-wide speaker. **University of Central Missouri**. Warrensburg, MO.
- (2012, October). *Sexing Americans: Transgender History*. Keynote speaker for LGBT History Month. *Stepping Toward a Trans-Inclusive Campus*. Diversity training for residence life staff. **University of Nebraska-Lincoln**. Lincoln, NE.
- (2012, April). *FTM: Scouting the Unknown*. Campus-wide speaker. *Transgender Inclusion*. Meeting with Equity Team Staff. *Exploring Gender Diversity in the Classroom*. Trainer for Education Department. **Doane College**. Crete, NE.
- (2012, April). *Trans-visibility: Honoring Individual Identities and Expressions*. Keynote speaker for Out and About Week. *Transgender Student Health Care*. Meeting with Health Center Staff. **University of Wisconsin Parkside**. Kenosha, WI.
- (2012, April). *Sexuality and Body Image*. Keynote Speaker for Annual LGBTIQQ Symposium. *FTM: Scouting the Unknown*. Campus-wide speaker. **University of Rhode Island**. Kingston, RI.
- (2012, March). *Stepping Toward a Trans-Inclusive Campus*. Professional training for Student Affairs and Administrative Staff. **University of Nebraska-Kearney**. Kearney, NE.
- (2012, March). *FTM: Scouting the Unknown*. Campus-wide speaker. **Buena Vista University**. Storm Lake, IA.
- (2012, February). *The Incredible Shrinking Coed*. Campus-wide speaker for Eating Disorders Awareness Week (EDAW). **University of Nebraska-Kearney**. Kearney, NE.



ryan@ryansallans.com



@ryansallans



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- (2012, January). *FTM: Scouting the Unknown*. Campus-wide speaker. *Stepping Toward a Trans-Inclusive Campus*. Professional training for Student Affairs and Wellness Staff. *Trans\* Generation*. Professional training for Residence Life Student Staff. **Allegheny College**. Meadville, PA.
- (2011, December). *FTM: Scouting the Unknown*. Campus-wide speaker. **Nebraska Wesleyan University**. Lincoln, NE.
- (2011, October). *Stepping toward a Trans-Inclusive Campus*. Professional All-Staff training. **University of Nebraska-Omaha**. Omaha, NE.
- (2011, October). *FTM: Scouting the Unknown*. Campus-wide speaker. **Bloomsburg University**. Bloomsburg, PA.
- (2011, September). *Enhancing your Clinical Practices: Working with Transgender Clients*. Co-presenter for Chi Sigma Iota Honor Society. **University of Nebraska-Omaha**. Omaha, NE.
- (2011, April). *Social & Legal Implications Affecting the Transgender Community*. Speaker for the College of Law Student Club. **University of Nebraska-Lincoln**. Lincoln, NE.
- (2011, April). *FTM: Scouting the Unknown*. Campus-wide speaker. **University of North Carolina**. Wilmington, NC.
- (2011, April). *FTM: Scouting the Unknown*. Campus-wide speaker. **Warren-Wilson College**. Asheville, NC.
- (2011, March). *Transgender Embodiment*. Campus-wide speaker. **University of Nebraska-Omaha**. Omaha, NE.
- (2011, January). *FTM: Scouting the Unknown*. Campus-wide speaker. **University of Nebraska-Kearney**. Kearney, NE.
- (2010, November). *FTM: Scouting the Unknown*. Campus-wide speaker. **University of Georgia**. Athens, GA.
- (2010, November). *FTM: Scouting the Unknown*. Campus-wide speaker. **University of Wisconsin-Parkside**. Kenosha, WI.
- (2010, October). *College Campus and Trans Inclusion*. Professional training for Transgender Task Force. **Nebraska Wesleyan University**. Lincoln, NE.
- (2010, April). *FTM: Scouting the Unknown*. Campus-wide speaker. **University of Wisconsin-Parkside**. Kenosha, WI.
- (2009, November). *FTM: Scouting the Unknown*. Campus-wide speaker. **Kansas State University**. Salina, KS.
- (2009, November). *FTM: Scouting the Unknown*. Campus-wide speaker. **State University of New York**. Oswego, NY.
- (2009, November). *A Look into the History of Transgender Communities*. Campus-wide speaker for Transgender Day of Remembrance (TDOR). **Hastings College**. Hastings, NE.
- (2009, April). *FTM: Scouting the Unknown*. Campus-wide speaker. **Creighton University**. Omaha, NE.
- (2008, February). *Women's Dress Reform: Replacing the external corset to an internal confine*. Speaker for Eating Disorders Awareness Week (EDAW). **University of Nebraska-Lincoln**. Lincoln, NE.



ryan@ryansallans.com



@ryansallans



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- (2007, November). *Transcending Gender*. Campus-wide speaker for Transgender Day of Remembrance (TDOR). **Nebraska Wesleyan University**. Lincoln, NE.
- (2007, September). *Eating Disorders: Beyond the Numbers*. Training for Health and Human Services Student In-service. **Southeast Community College**. Lincoln, NE.
- (2007, April). *FTM: Scouting the Unknown*. Keynote Speaker. **Bowling Green State University**. Bowling Green, OH.
- (2006, November). *FTM: Scouting the Unknown*. Keynote Speaker. **Bowling Green State University**. Bowling Green, OH.

## PUBLICATIONS

- Sallans R. "Six Tips for Giving Good Health Care to Anyone with a Cervix." *AMA J Ethics*. 2020;22(2): E168-175. Doi: 10.100/amajethics.2020.168.
- Sallans R. Transforming Manhood: A trans man's quest to build bridges and knock down walls. Scout Publishing LLC, 2019.
- Sallans R. "My life with anorexia as a trans man." *San Francisco AIDS Foundation*. BETA, 31, July 2018. Web.
- Sallans, R. "The Long Trek." My Body, My Words. Big Table Publishing, 2018.
- Sallans, R. "Lessons from a Transgender Patient for Health Care Professionals." *AMA Journal of Ethics*. November, 2016, v.18(11): 1139-1146. Print and Web.
- Rentmeester, C. & Sallans, R. "Transgender Health - Eliminating Inequality and Strengthening Clinician-Patient Relationships." *Journal of Ethics in Mental Health*. Open Volume 1, 2015. Print and Web.
- Sallans, R. "Foreword." The Gender Quest Workbook. New Harbinger Publications, 2015.
- Sallans, R. "Gender Outside the Binary: Eating Disorders Recovery and Transgender Identities, Part 2." *National Eating Disorders Association*. NEDA. 02, June 2015. Web.
- Sallans, R. "Gender Outside the Binary: Eating Disorders Recovery and Transgender Identities, Part 1." *National Eating Disorders Association*. NEDA, 27 May 2015. Web.
- Sallans, R. "The Moment Courage Stepped into My Life." *Marianne Elliott*. Marianne Elliott, 11, April 2015. Web.
- Sallans, R. "Ryan Reconfigures." It Happened to Me: Eating Disorders. Rowman & Littlefield, 2014.
- Sallans, R. "Transman on the Quest for Happiness." Manning Up: Transsexual Men on Finding Brotherhood, Family & Themselves. Transgress Press, 2014.
- Sallans, R. "Fighting Against Self: A Queer Transman's Journey Away from ED." *National Eating Disorders Association*. NEDA, 28, Feb. 2014. Web.
- Sallans, R. Second Son: Transitioning Toward My Destiny, Love and Life. 2nd Edition. Scout Publishing LLC, 2013.
- Sallans, R. "Diversified Bodies, Identities, & Eating Disorders." *Making Connections Magazine*. National Eating Disorders Association, Feb. 2013. Print and Web.
- Sallans, R. "Serving the Transgender Community: A Review of the Standards of Care (SOC)." *Contemporary Sexuality*, 46(9). (2012). Print.
- Sallans, R. Second Son: Transitioning Toward My Destiny, Love and Life. First Edition. TitleTown, 2012.



ryan@ryansallans.com



@ryansallans



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- Sallans, R. "Finding Me: Looking Past the Surface to Discover My Transgender Identity." *National Eating Disorder Association*. NEDA. 26, Feb. 2012. Web.
- Sallans, R. "Lost Boots." *Plains Song Review*. Volume II, 2000.

## PODCAST INTERVIEWS:

- Hoff, Timothy, host. "Ethics Talk: Providing Compassionate Care for Trans Men." *AMA Journal of Ethics*. February 2020 episode. <https://journalofethics.ama-assn.org/podcast/ethics-talk-providing-compassionate-care-transmen>

## CLIPPINGS AND ARTICLE INTERVIEWS

- Burnside, Alyse. "A Review of Ryan Sallans' "Transforming Manhood." *Witness Magazine*. February 10, 2020. Web.
- BookTrib. "A conversation with Ryan K. Sallans, Trans Activist and Author of Transforming Manhood." BookTrib, 11, October 2019. Web.
- Gerson, Emily Starbuck. "How to Pay For Transition-Related Expenses Without Going Broke." *Magnify Money*, 13, June 2019. Web.
- Stuller, Suzanne and Ingram, Kerry. "Transgender Activist Ryan Sallans opens up about his journey through transitioning and battling anorexia." *The Towerlight*, 5, March 2018. Web.
- Schuster, Sarah. "7 Badass Men Making It OK for Guys to Be Body Positive." *The Mighty*, 1, March 2018. Web.
- Finster, Tierney. "The State of Male Body Image." *MEL Magazine*, 28, December 2017. Web.
- Stieg, Cory. "7 Ways Transitioning Is Much More Than A Physical Process." *Refinery29*, 14 November 2017. Web.
- Advocate Magazine Editors. "50 States, 50 Heroes." *Advocate Magazine*, 10 May 2017. Web.
- Jacoby, Sarah. "Why Being Trans Increases Your Risk for An Eating Disorder." *Refinery29*, 3 March 2017. Web.
- Weiss, Robert. "Understanding Transgender Reality." *Psychology Today*, 27 May 2015. Web.
- Ludwig, Robi. "Jenner's Journey Into Her." *Huffington Post*, 29 April 2015. Web.
- Ludwig, Robi. "What Does It Mean to be Transgender?" *Huffington Post*, 18 February 2015. Web.
- Ludwig, Robi. "Marriage: A Transgender Man's Perspective." *Huffington Post*, 06 January 2015. Web.
- Morgan, Joe. "11 insanely hot men you will not believe are trans: Beautiful both inside and out." *GayStarNews.com*, 18 November 2014. Web.
- Spranger, Cody. "Translating identities' closes LGBT history month with transgender dialogue." *Brown and White*, Lehigh University, 27 October 2014. Web.
- Smith, Sami. "A System in Transition." *Drake Magazine*. Des Moines University, 30 June 2014. Web.
- Graves, Jada. "How to Manage a Job Search as a Transgender Candidate." *U.S. News & World Report*. 03 April 2014. Web.
- Quinlan, Casey. "New York Can Pass Same-Sex Marriage but Not Trans\* Protections: How GENDA Died." *Autostraddle*. The Excitant Group, LLC, 20 January 2014. Web.
- Markel, Katrina. "The Legacy of the "Boys Don't Cry" Hate Crime 20 Years Later." *BuzzFeed*. 09 January 2014. Web.



ryan@ryansallans.com



@ryansallans



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- Bergin, Nicholas. "20 Years After 'Boys Don't Cry' Murders, Transgender Violence Still Happens." *The Lincoln Journal Star*. 30 December 2013. Print and Web.
- Samantha Caiola. "Taking Charge: How Trans Youth Are Trumping the Medical System." *The Chicago Bureau*. 29 October 2013. Web.
- Vance, Jennifer. "Transgender Author and Activist Ryan Sallans Discusses the Transitioning Body." *Baltimore Gay Life*. November 2013. Print and Web.
- Anderson-Minshall, Diane. "Op-ed: where'd you get that body from? My ruminations on body issues, trans men, and penises of the gods." *The Advocate*. 09 July 2013. Web.
- Dulanto, Andrea. "Lessons from Transgender Activists." *The Mirror*, 2013. 2(2), 34-36. Print and Web.
- Perez, Miriam Z. "D.C. Advertises for Transgender Acceptance." *Political Research Associates*. 07 January 2013. Web.
- Costanza, Justine A. "Lana Wachowski's Emotional Speech Sheds Light on Transgender Suicide Risk." *International Business Times*. 25 October 2012. Web.
- Fox, Joanne. "What it means to be transgender." *Sioux City Journal*. 14 June 2012. Print and Web.
- Lavin, Nancy. "Annual LGBTIQQ symposium addresses sexuality, body image." *The Good 5cent Cigar*. 06 April 2012. Web.
- "Vandalized poster sparks campus alert." *The Campus*, 20 January 2012. Web.
- Jenkins, Beverly. "10 Handsome Men (Who Were Born Female)." *Oddee*. 18 January 2012. Web.
- Wunder, Michael. "Speaker gives personal face to transgendered lives." *Gateway*. University of Nebraska-Omaha, 27 October 2011. Print and Web.
- Angelina, Ruth. "Transgender activist seeks acceptance for his community." *NewsNetNebraska*. University of Nebraska-Lincoln, 04 April 2011. Web.
- Strand, Michael. "Nebraskan likes being a man." *Salina Journal*. 24 November 2009. Print and Web.
- Raymond, Victoria. "I beat anorexia by becoming a man." *Closer Magazine*. 23 June 2008. Print and Web.

## MEDIA APPERANCES

- "Dwyane Wade Shares Daughter's Transition, Shows Support for Transgender Community." *Cheddar TV* (19, February 2020).
- "Interview with Ryan Sallans, Author of Transforming Manhood." *Out Chicago*, WCPT 820 Chicago (27, October 2019).
- "Transforming Manhood Author Discusses Trans Rights and What it Means to be A Trans Man," *Cheddar TV* (13, October 2019).
- "Ryan Sallans Interview – Transforming Manhood," *WOCA The Source Radio*, 96.3 FM and 1370 AM (9, October 2019).
- "Transgender Identities," *Pat and JT*, Q98-5 FM Radio (13, August 2015).
- "All About Aiden," Season 1: Episode 6, *Brothers: The Series*, Amazon Prime (29, November, 2014).
- "Transgender Living in Nebraska," *KMTV News*, Scripps TV Station Group (11, February 2014).
- "Missing the Chemicals that Rule Our Lives" with *Josh Zepps*, HuffPost Live (10, December 2013).
- "Transgender America," *On Point with Tom Ashbrook*, 90.9wbur, National Public Radio (28, August 2013).



ryan@ryansallans.com



@ryansallans



402.217.1073



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- “This Little Parent Stayed Home” with *Ally Loprete*, TOGINET Live (18, February 2013).
- “Second Chances” with *Midge Noble*, TOGINET Live (07, February 2013).
- “Trapped in the Wrong Body,” *The Ricki Lake Show*, National Broadcasting Company (11, December 2012).
- “Coming Out Lounge” with *Rick Clemons*, TOGINET Live (26, September 2012).
- “Trapped in the Wrong Body: Four men who were born female” *Trisha*, National Broadcasting Company (03, October 2012).
- “This Little Parent Stayed Home” with *Ally Loprete*, TOGINET Live (17, August 2012).
- “National Speaker Talks About Hope at LGBT Event,” *KTIV News 4*, National Broadcasting Company (June, 2012).
- “Transgender Man Speaks to Stop Bullying, Spread Awareness,” *KCAU-TV*, News Broadcast (June, 2012).
- “Being Authentic” with *Pat and Mary*, *OurLivesMadison.com* (08, April 2012).
- “The Joy Factor” with *Sheila Stranton*, *KZUM 89.3 FM Radio* (March, 2012).
- “One Man’s Story of Being Transgender in Nebraska,” *KOLN/KGIN Special News Report* (December, 2011).
- “The Joy Factor” with *Sheila Stranton*, *KZUM 89.3 FM Radio* (June, 2011).
- “Born in the Wrong Body!” *Larry King Live*, *CNN* (26, June 2009).
- “Transgender Show,” *Larry King Live*, *CNN* (10, August 2007).
- “Gender Rebel” *Real Momentum Series Documentary*, *LOGO Network* (August 2006).

## PROFESSIONAL ASSOCIATIONS AND MEMBERSHIPS

- Jim Collins Foundation, Vice President (2018/present)
- Jim Collins Foundation, Board Member (2014/present)
- Professional Transgender Resource Network (PTRN) - Co-founder/Member (2009/present)
- GenderWorks Conference Course Director (2019)
- GenderWorks Conference Planner/Committee (2014/present)
- Gender Reel Film Festival Committee and Event Organizer (2014/2016)
- Independent Book Publisher Association, Member (2014/2016)
- Arizona Psychoanalytic Society, Member (2011/2016)
- National Association for Campus Activities, Member (2013/2015)
- Ally Mentoring, Board Member (2010/2014)
- Iowa Pride Network Coalition, Member (2009/2011)
- OUTSpeaking LGBTQ Speakers Bureau (2006/2011)
- Planned Parenthood Online, Writer on Gender & Identity, Intersex, and Transgender (2007/2008)
- Planned Parenthood Federation of America, Transgender Care Workgroup (2006/2007)
- Eating Disorders Education and Prevention (EDEP) Student Organization, Member (1999/2005)
- Students Helping Individuals Nurture Esteem (SHINE), Peer Educator and Student Coordinator (1999/2005)



ryan@ryansallans.com



@ryansallans



402.217.1073



ryan-sallans