

## Bio for Ryan Sallans, Speaker and Author of *Second Son* and *Transforming Manhood*



Ryan Sallans is described as a transgender speaker and author who works in the fields of inclusion, diversity and healthcare. Ryan writes and speaks about abuse, trauma, recovery, and resilience through the lens of eating disorder recovery and human sexuality.

Ryan's teachings are based on personal narrative storytelling, interwoven with his academic training, research and science. Over the years, Ryan has designed his work to break down barriers that gender presents us all, no matter the labels we currently use to describe ourselves. He is utilized by universities, healthcare agencies, corporations, federal agencies and communities.

Ryan is currently working on his third book, *Finding Me: A Journey to Self-Discovery*. His other books include *Second Son: Transitioning Toward My Destiny, Love and Life* (Scout Publishing, 2012) and *Transforming Manhood: A trans man's quest to build bridges and knock down walls* (Scout Publishing, 2019).

For his academic training, Ryan graduated from the University of Nebraska-Lincoln where he received a Bachelor of Arts in cultural anthropology and English, a Master of Arts in English (specialized in creative writing), and a Master of Arts in Educational Psychology (specialized in human health behavior).

Today, through Ryan's body of texts and teachings, he is utilized across the nation, and in some parts of the world, as an expert in the field of human sexuality through the lens of gender. His personal experiences in life, combined with his professional training, now assists people and communities in healing themselves and their relationships on this planet.

Learn more about Ryan's life and work by visiting his website at: [RyanSallans.Com](http://RyanSallans.Com).