

Bio for Ryan Sallans, Speaker and Author of *Second Son* and *Transforming Manhood*



Ryan Sallans, MA is an inspirational transgender speaker and author who specializes in inclusion, diversity, and healthcare. Over the past 20 years, Ryan has worked in the fields of eating disorder recovery, sexual orientation, and gender identity development. His work focuses on building inclusive environments and providing trauma-informed care for students, patients, employees and clients. His growing body of texts and teachings assist corporations, healthcare institutions, federal agencies, universities, and communities.

Since his own transition from female to male, which began in May of 2005 in Lincoln, Nebraska, Ryan's story and work has reached people worldwide through his websites, books, articles, speaking engagements, and interviews. He's appeared on radio, podcasts, magazines, newspapers, and mainstream television including the 2006 documentary *Gender Rebel* and two appearances on Larry King Live.

From 2008 to 2020, Ryan also served as a consultant, Lead Author and Subject Matter Expert for an extensive range of e-learning courses used around the nation to train healthcare professionals and staff seeking continuing education around serving the LGBTQ community. These courses are now part of the Human Rights Campaign (HRC) Healthcare Equality Index (HEI).

His academic publications include several personal narratives for peer-reviewed journals including the [Journal of Ethics](#) (2020), [Journal of Ethics](#) (2016), [Journal of Ethics in Mental Health](#) (2015), and [Contemporary Sexuality](#) (2012).

Ryan is currently working on his third book, *Finding Me: A Journey to Self-Discovery*. His other books include *Second Son: Transitioning Toward My Destiny, Love and Life* (Scout Publishing, 2012) and *Transforming Manhood: A trans man's quest to build bridges and knock down walls* (Scout Publishing, 2019).

For his academic training, Ryan graduated Sigma Tau Delta Honor Society from the University of Nebraska-Lincoln where he received a Bachelor of Arts in cultural anthropology and English, a Master of Arts in English (specialized in creative writing), and a Master of Arts in educational psychology (specialized in human health behavior).

Learn more about Ryan's life and work by visiting his website at: RyanSallans.Com.